

Toddler-on-the-run breadsticks



Ingredients:

1 cup whole wheat flour



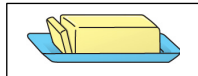
1 tsp cinnamon



1 tsp baking soda



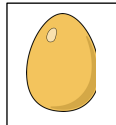
$\frac{1}{4}$ cup butter



$\frac{3}{4}$ cup grated cheese



1 egg beaten



1 tbsp cold milk



Supplies:

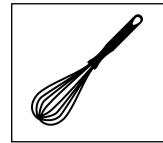
Large bowl



Large spoon



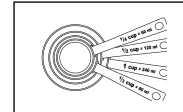
Whisk



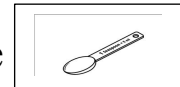
Fork



Measuring cups



Teaspoon measure



Cookie sheet



Steps:

1. Preheat oven to 375 degrees F.
2. Mix flour, cinnamon and baking soda.
3. Cut in butter and cheese until mixture becomes coarse crumbs.
4. Whisk egg and add to mixture with milk. Stir with a fork until dough clings together.
5. Take tablespoonful's of dough and roll into little sticks.
6. Place 1 inch apart on an ungreased cookie sheet.
7. Bake for 8-10 minutes at 375 degrees F.