### The Ladybug Loop

Maggie's Place: A Resource Centre for Families 11 Elmwood Drive, Amherst, N.S Email: cumberland@maggiesplace.ca Phone: 902-667-7250

Fax: 902-667-0585

Call to register for programs or for more information!

Hours of Operation: Monday to Thursday 8:30-12:00, 1:00-4:30 Friday 8:30-12:00, Closed Saturday & Sunday



#### What's Happening at Maggie's? Summer 2025

#### Parenting in the Park

When: Thursdays July 10<sup>th</sup> to August 21<sup>st</sup> 9:30-11:00am (Drop-In)

Where: Maggie's Place/Amherst Rotary Park Join us for great discussion in the Rotary Park across from Maggie's Place around all things parenting! Drop into the centre before heading over to grab a healthy snack! No registration is required. Early childhood development programming will be provided at Maggie's Place.

#### Garden Club (Ages 5-12)

Wentworth:

When: Tuesdays July 8<sup>th</sup> to August 12<sup>th</sup> 10:00-11:30am

Where: Wentworth Learning Centre

#### Amherst:

When: Mondays July 7<sup>th</sup> – August 25<sup>th</sup> 10:00-11:30am

(no program August 4<sup>th</sup> due to holiday) Where: Amherst Community Garden

From soil to seeds to plants to food! Join us for a summer of gardening fun. This program will include seed starting, planting, garden crafts, growing food, and eating it! A healthy snack is offered.

Registration is required.

#### Storytime in the Park

When: Mondays July 7<sup>th</sup> – August 11<sup>th</sup>
(no program August 4<sup>th</sup> due to holiday)
10:00-11:30am (Drop-In)
Where: Wentworth Provincial Park
(rain location: Wentworth Learning Centre)
Children (ages 0-6) join your community with fellow caregivers and their toddlers for stories, singing, dancing, and other fun activities. A healthy snack will be offered.





## Ages & Stages Developmental Screenings

Call us for an appointment time to complete a developmental screening with your child, aged 0-5 years! Developmental screenings provide insight into milestones and can provide referrals.

Springhill Community Centre Tuesday July 8<sup>th</sup> 10:00am-12:00pm

River Hebert Community Centre Wednesday July 9<sup>th</sup> 10:00am-12:00pm

Fundy Geological Museum (Parrsboro) Thursday July 10<sup>th</sup> 10:00am-12:00pm

Oxford Church of the Nazarene Friday July 11<sup>th</sup> 10:00am-12:00pm

## Picnics in the Park with YREACH

Hey newcomer families!
Join Maggie's Place and YREACH at a playground near you!
Stop by between 1:30-3:30pm for healthy snacks, fun activities, and cool off in the splash pad!
Come prepared with your bathing suit, sunscreen, and water bottle and we will provide the fun! No registration required.

Mondays July 14<sup>th</sup> & August 11<sup>th</sup>
@ Dickey Park
(132 E Pleasant St, Amherst)
Mondays July 28<sup>th</sup> & August 25<sup>th</sup>
@ Lion's Park

(40 Hickman St, Amherst)

#### Pregnancy & Beyond (P&B)

Springhill: Bi-weekly Tuesdays @ Dr. Carson & Marion Murray Community Centre – 9:30-11:00am Oxford: Bi-weekly Fridays @ Oxford Church of the Nazarene – 9:30-11:00am Wentworth: Bi-weekly Fridays @ Wentworth Learning Centre – 9:30-11:00am

\*\* see calendar for dates \*\*

A drop-in program for pre- and postnatal families with preschool aged children to come together to socialize, support one another, and participate in fun, family-friendly activities. An early childhood development program and healthy snack are also offered.

#### **Once Upon a Time**

When: Wednesdays 10:00-11:30am (Drop-In) Where: Four Fathers Memorial Library Amherst Children and caregivers join us at the library for songs, dancing, and a story. A healthy snack will be offered.

#### **Baby Friendly Drop-In**

When: Thursdays 1:00-3:00pm (Drop-In)
Where: Maggie's Place
Stop by to chat with the Canadian Prenatal
Nutrition Program staff, have your baby weighed

by a Public Health Nurse, receive information, ask questions, and obtain feeding support.

#### Friday Fun Playgroup

When: Fridays 9:30-11:30am (Drop-In)
Where: Maggie's Place

This program emphasizes the importance of social development, play, and positive interaction between child and caregiver, while participating in free play, circle/story time, and enjoying a healthy snack. Prepare for outdoor play, weather permitting.



#### **Outreach Summer Day Camps (Ages 5-10)**

Join us for a three-day, drop-off "day camp" in a location near you! Fun activities, art, games, and more! Families should plan for outside activities. Registration is required.

> Oxford Church of the Nazarene (207 Lower Main St, Oxford) July 8<sup>th</sup> – July 10<sup>th</sup> , 10:00am-2:00pm

> Fundy Geological Museum (162 Two Islands Rd, Parrsboro) July 15<sup>th</sup> – July 17<sup>th</sup> , 10:00am-2:00pm

> > Pugwash (Location TBD)

July 22<sup>nd</sup> - July 24<sup>th</sup> , 10:00am-2:00pm

Dr. Carson & Marrion Murray Community Ctr (6 Main St, Springhill)

July 29<sup>th</sup> – July 31<sup>st</sup> , 10:00am-2:00pm

River Hebert & Joggins Area Community Centre (1808 Hwy 242, River Hebert) August 5<sup>th</sup> – August 7<sup>th</sup>, 10:00am-2:00pm

#### **Veggie Vibes Cooking Classes**

Curious about eating more plant-based meals without going full vegetarian? Veggie Vibes is a fun, budget-friendly cooking workshop where we whip up tasty, approachable plant-based meals that fit real life. Learn about good food, simple ingredients, and fresh ideas to add more veggies to your plate, and save more dollars on your food budget! Registration is required and limited to one location. An early childhood development program will be offered.

Wednesday July 16<sup>th</sup> 2:00-4:00pm @ Maggie's Place (11 Elmwood Dr., Amherst)

Wednesday July 23<sup>rd</sup> 2:00-4:00pm @ Wentworth United Baptist Church (13755 Highway 4, Wentworth)

#### **Our Little Garden**

#### A hands-on growing experience for families

Join us for a fun and hands-on gardening workshop designed especially for caregivers and young children!

Together, you'll create your very own grow bag garden — perfect for balconies, backyards, or sunny windowsills.

Little hands will get messy with soil, seeds, and smiles as we plant, learn, and grow side by side.

Wednesday July 2, 10:00am-12:00pm

@ River Hebert & Area Community Centre
Wednesday July 9, 10:00am-12:00pm

@ DCMM Community Centre (Springhill)

#### **Family-Friendly Community Hikes**

Do you enjoy going on hikes?

Do you like getting outside and being active with your family and members of your community? Join the staff from the Maggie's Place Wentworth Hub for our family friendly community hikes! Everyone is welcome!

A healthy snack will be provided.

When: Sunday July 20 10:00am-12:00pm

Where: Wentworth Provincial Park Trail

#### **Wentworth Community Meals**

Join us for free community meals with the folks from the Wentworth Hub! Donations for the Ladybug pantry are happily accepted but not required. Takeout option available!

Healthy Lunch - Wentworth Learning Centre
Thursday July 24th 10:00am-3:00pm
\*The Public Health Mobile Health staff will be present to
answer questions and provide support.

Beach Picnic - Heather Beach, Port Howe Thursday, August 28<sup>th</sup> 11:30am-1:30pm

#### Science on the Road (Ages 5-10)

Monday August 11<sup>th</sup> – Pugwash Sunset Community Tuesday August 12<sup>th</sup> – Parrsboro Fundy Geological Museum Wednesday August 13<sup>th</sup> – Springhill DCMM Community Centre Thursday August 14<sup>th</sup> – River Hebert & Area Community Centre 10:00am-12:00pm each day

Join local Maggie's Place scientists for a science show on the road! Experiments, exploration, and lots of science-based activities — be sure to arrive with your thinking caps on, ready to discover and learn! Registration is required. A healthy snack will be provided.

#### **Outdoor Adventure Club (Ages 5-12)**

When: Tuesdays July 8<sup>th</sup> - August 12<sup>th</sup>, 1:00-2:30pm Where: Wentworth Learning Centre; Wentworth Provincial Park (August 5<sup>th</sup> only)

Come out and explore our backyard! This program will encourage connection with nature through activities such as hiking, five senses exploring, nature-themed crafts, games, and fun! A healthy snack is offered. Registration is required.

#### Maggie's Summer Art Studio (Ages 7-11)

When: August 18<sup>th</sup> – August 21<sup>st</sup> (daily) 1:30-3:30pm Where: Maggie's Place

Join us for 4-day Maggie's Art Club program with a special focus on learning new art skills, creating unique pieces, and learning new ways to express yourself! Youth will be exposed to a variety of mediums, learn new techniques, and have a chance to explore their creative side! Registration is required. A healthy snack will be offered.

## Wentworth Cyber Cafe/Service Navigation And Free Brief Counseling Support

Does using a computer make you cringe?

Do you need to be able to attend appointments online but aren't sure how? Join us at the Wentworth Learning Centre for our Cyber Café where staff can help support you with your questions and getting online. Online access and computers are available for use and staff will be available to help.

When: 10:00am-12:00pm

#### Thursdays July 3, July 17, July 31, August 14\* and August 28.

Our Family Support, Navigation, and Intervention Counsellor will also be available during the same times (\*except August 14th) to provide service navigation or to set up a time to meet for a limited number of free counselling sessions! Early childhood development programming is available during these times.

# **July 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		CLOSED CANADA DAY	Once Upon a Time 10:00- 11:30  Our Little Garden Workshop (RHJACC) 10:00- 12:00	Parenting in the Park 9:30-11:00  Cyber Café 10:00-12:00  Baby Friendly Drop-In	Pregnancy & Beyond: Wentworth 9:30- 11:00  Friday Fun 9:30- 11:30	5
6	7	8	9	1:00-3:00	11	12
	Stories in the Park 10:00-11:30	Pregnancy & Beyond: Springhill 9:30-11:00	Once Upon a Time 10:00- 11:30	Day Camp @ Oxford 10:00-2:00	Pregnancy & Beyond: Oxford 9:30-11:00	12
	Amh. Garden Club 10:00-11:30	Ages & Stages (Springhill) 10:00-12:00	Our Little Garden Workshop (DCMMCC) 10:00-12:00	Ages & Stages (Parrsboro) 10:00 - 12:00	Ages & Stages (Oxford) 10:00 -	
	Infant Massage 1:30-3:00	Day Camp @ Oxford 10:00-2:00 WW Garden Club 10:00-11:30	Day Camp @ Oxford 10:00-2:00 Ages & Stages (River Hebert) 10:00 -	Parenting in the Park 9:30-11:00 Baby Friendly Drop-In 1:00-3:00	12:00 Friday Fun 9:30- 11:30	
		Outdoor Adventure Club 1:00-2:30	12:00			
13	14 Stories in the Park 10:00-11:30	15 Day Camp @ Parrsboro 10:00-2:00	16 Once Upon a Time 10:00- 11:30	17 Parenting in the Park 9:30-11:00	18 Pregnancy & Beyond: Wentworth 9:30-	19
	Amh. Garden Club 10:00-11:30	WW Garden Club 10:00-11:30	Veggie Vibes Cooking (Maggie's) 2:00-4:00	Cyber Café 10:00-12:00	11:00 Friday Fun 9:30-	
	Infant Massage 1:30-3:00	Outdoor Adventure Club 1:00-2:30	Day Camp @ Parrsboro 10:00-2:00	Baby Friendly Drop-In 1:00-3:00	, 11:30	
	Picnic in the Park (Dickey Park) 1:30-3:30			Day Camp @ Parrsboro 10:00-2:00		
20	21	22	23	24	25	26
Family Friendly Comm.	Stories in the Park 10:00-11:30	Pregnancy & Beyond: Springhill 9:30-11:00	Once Upon a Time 10:00- 11:30	Parenting in the Park 9:30-11:00	Pregnancy & Beyond: Oxford 9:30-11:00	
Hike 10:00- 12:00	Amh. Garden Club 10:00-11:30	Day Camp @ Pugwash 10:00-2:00	Veggie Vibes Cooking (Wentworth) 2:00-4:00	Baby Friendly Drop-In 1:00-3:00	Friday Fun 9:30- 11:30	
WW Provincial Park Trail		WW Garden Club 10:00-11:30	Day Camp @ Pugwash 10:00-2:00	Day Camp @ Pugwash 10:00-2:00		
		Outdoor Adventure Club 1:00-2:30		Healthy Lunch @ WW Learning Ctr 10:00-3:00		
27	28 Stories in the Park 10:00-11:30	29 Day Camp @ Springhill 10:00-2:00	30 Once Upon a Time 10:00- 11:30	31 Parenting in the Park 9:30-11:00		
	Amh. Garden Club 10:00-11:30	WW Garden Club 10:00-11:30	Day Camp @ Springhill 10:00-2:00	Cyber Café 10:00-12:00		
	Picnic in the Park (Lion's Park) 1:30-3:30	Outdoor Adventure Club 1:00-2:30		Baby Friendly Drop-In 1:00-3:00 Day Camp @ Springhill		
	1:30-3:30			Day Camp @ Springhill 10:00-2:00		

## August 2025

Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday
2	Pregnancy & Beyond: Wentworth 9:30-11:00  Friday Fun 9:30- 11:30					
9	Pregnancy & Pregnancy & Beyond: Oxford 9:30-11:00  Friday Fun 9:30- 11:30	Parenting in the Park 9:30-11:00  Baby Friendly Drop-In 1:00-3:00  Day Camp @ River Hebert 10:00-2:00	6 Once Upon a Time 10:00-11:30  Day Camp @ River Hebert 10:00-2:00	5 Pregnancy & Beyond: Springhill 9:30-11:00  Day Camp @ River Hebert 10:00-2:00  WW Garden Club 10:00-11:30  Outdoor Adventure Club 1:00-2:30	CLOSED CIVIC HOLIDAY	3
16	15 Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30- 11:30	14 Parenting in the Park 9:30-11:00  Cyber Café 10:00-12:00  Baby Friendly Drop-In 1:00-3:00  Science on the Road @ River Hebert 10:00-12:00	Once Upon a Time 10:00-11:30 Science on the Road @ Springhill 10:00-12:00	12 WW Garden Club 10:00-11:30  Outdoor Adventure Club 1:00-2:30  Science on the Road @ Parrsboro 10:00-12:00	Stories in the Park 10:00-11:30  Amh. Garden Club 10:00-11:30  Science on the Road @ Pugwash 10:00-12:00  Picnic in the Park (Dickey Park) 1:30-3:30	10
23	Pregnancy & Beyond: Oxford 9:30-11:00  Friday Fun 9:30- 11:30	Parenting in the Park 9:30-11:00  Baby Friendly Drop-In 1:00-3:00  Maggie's Summer Art Studio 1:30-3:30	Once Upon a Time 10:00-11:30 Maggie's Summer Art Studio 1:30-3:30 Calls for School Supplies Open	19 Pregnancy & Beyond: Springhill 9:30-11:00 Maggie's Summer Art Studio 1:30-3:30	Amh. Garden Club 10:00-11:30 Maggie's Summer Art Studio 1:30-3:30	17
30	Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30-11:30	28 Cyber Café 10:00-12:00 Baby Friendly Drop-In 1:00-3:00	27 Once Upon a Time 10:00-11:30	26	Amh. Garden Club 10:00-11:30 Picnic in the Park (Lion's Park) 1:30-3:30 School Supplies Pick-Up @ Maggie's Place Begins	24/31

# SChool SUpplies with Maggie's Place

Back to School Supplies Drive

Maggie's Place

When: August 25th – August 29th

Where: Maggie's Place (pick-up)

Drop-off locations & times TBA in Wentworth,

Oxford, Pugwash, Parrsboro, River Hebert, Springhill, and Advocate.

Please CALL to reserve a backpack & school supplies.

Please ensure a staff member receives your request.

ocial media messages will not be accepted as a means of reservation.

Phone calls will be accepted to reserve a backpack starting Wednesday August 20th @ 9:00am.

Pick-up will begin Monday August 25th @ 9:00am.

Available while supplies last. For more information, call 902-667-7250

Visit the Cram-a-Cruiser Event in support of the Back to School Supplies Drive

> Friday August 22nd 10:00am-3:00pm @ Amherst Superstore (126 S Albion St)

We will be accepting monetary donations and donations of school supplies/backpacks during the event as well as at various drop off locations across the county including Maggie's Place!

Donations can be made via e-transfer to cumberland@maggiesplace.ca with School Supplies in the note.

Maggie's Place accepts donations of new or gently used school supplies year round at 11 Elmwood Dr., Amherst!