

The Ladybug Loop

Maggie's Place Family Resource Centre
11 Elmwood Drive, Amherst, N.S
Email: cumberland@maggiesplace.ca
Phone: 902-667-7250
Fax: 902-667-0585

Call to register for programs or for more information!

Hours of Operation:
Monday to Thursday 8:30-12:00, 1:00-4:30
Friday 8:30-12:00, Closed Saturday & Sunday



What's Happening at Maggie's? Spring 2024

POP-UP (Preschool Outreach Program Utilizing Play)

Advocate: Mondays 10:00-12:00pm @ Advocate District School – Last Day June 17th
Pugwash: Tuesdays 10:00-12:00pm @ Pugwash Library – Last Day June 18th
Oxford: Wednesdays 9:00-11:00am @ Oxford Nazarene Church – Last Day June 19th
Springhill: Wednesdays 12:30-2:30pm @ Miners Hall Basement – Last Day June 19th
Wallace: Thursdays 10:00-12:00pm @ Wallace Community Centre - Last Day June 20th

A drop-in parent/guardian & child program, for children from birth to preschool, that uses play as the main method of exploration, learning, and development while building capacity and literacy skills together. A healthy snack is provided.

Funded by



POP-UP does not run during the summer. 2024-2025 dates will be announced in September

Snuggle Bugs

When: Mondays 9:30-11:00am (Drop-in)
Where: Maggie's Place
Parents come together at Maggie's Place with their babies to share ideas, concerns, ask questions, and learn new information about babies, parenting, health, and child education. We offer ongoing encouragement and support to parents with babies up to 18 months old. Early childhood development programming available for families with older siblings.

Women of Wonder

When: Tuesdays 1:00-2:30pm
May 7th, 14th, 21st, 28th, June 4th, 11th
(Registration Required)
Where: Maggie's Place

When: Wednesdays 10:00-11:30am
April 10th, 17th, 24th, May 1st, 8th, 15th
(Registration Required)
Where: Wentworth Learning Centre

Join us for a six-week program designed to empower and connect women with themselves and their community, and provide support and reflection in a safe, non-judgemental space. An early childhood development program & healthy snack will be provided. Registration limited to one location per person.

See what we've been up to!



Pregnancy & Beyond (P&B)

Springhill: Bi-weekly Tuesdays @ Miners' Hall Basement – 9:30-11:00am
Oxford: Bi-weekly Fridays @ Oxford Church of the Nazarene – 9:30-11:00am
Parrsboro: Bi-weekly Fridays @ Parrsboro Fire Hall – 9:30-11:00am

A drop-in program for pre- and postnatal families with preschool aged children to come together to socialize, support one another, and participate in fun, family-friendly activities. An early childhood development program and healthy snack are also offered.

Once Upon A Time

When: Wednesdays 10:00-11:30am (Drop-in)
Where: Four Fathers Memorial Library Amherst
Children and caregivers join us at the library for songs, dancing, and a story. A healthy snack will be offered.

Friday Fun Times

When: Fridays 9:30-11:30am (Drop-in)
Where: Maggie's Place
This program emphasizes the importance of social development, play, and positive interaction between child and caregiver, while participating in free play, circle/story time, and enjoying a healthy snack. **Prepare for outdoor play, weather permitting.**

Baby Friendly Drop-in

When: Thursdays 1:00-3:00pm
Where: Maggie's Place
Drop-in to chat with the Canadian Prenatal Nutrition Program staff, have your baby weighed by a Public Health Nurse, and receive information, ask questions, and obtain feeding support.

Parenting 101

When: Thursdays 9:30-11:00am starting April 4th – June 20th (Drop-in)
Where: Maggie's Place
Discuss a different parenting topic each week in Parenting 101! We chat about challenges, family management strategies, and community connections casually. No registration required. An early childhood development program & healthy snack will be provided.



Babies Come First Prenatal Class

When: Tuesdays 6:00-8:00pm (Registration Required)
– May 7th – June 11th

Where: Maggie's Place

A 6-week education program for expecting parents and their support person to learn about what to expect from labour and delivery, bringing baby home, feeding their baby, and so much more! An early childhood development program & healthy snack are also offered.

Nobody's Perfect

When: Tuesdays 1:00-2:30pm

April 9th, 16th, 23rd & 30th (Registration Required)

Where: Maggie's Place

A four-week registration program for parents of children 0-6 years old with focuses on topics such as development, play, safety, and more! This is a parent-driven program, and topics can vary based on group interest. An early childhood development program & healthy snack will be provided.

Crockpot Cooking

When: Mondays 10:00-12:00pm

April 15th, 22nd, 29th & May 6th (Registration Required)

Where: Wentworth Learning Centre

Join us in Wentworth for a four-week cooking class on budget friendly, delicious, healthy meals that are sure to be a hit for the whole family! An early childhood development program & healthy snack will be provided.

Basic Life Skills Workshop

When: Tuesdays 9:30-11:30am

April 16th, 23rd, 30th, May 7th, 14th, 21st
(Registration Required)

Where: Wentworth Learning Centre

Join us in partnership with CANU to learn skills around day-to-day activities like home maintenance, kitchen skills, fire safety, and more! Sessions include take-home kits for families to further the learning.

Registration is being accepted by CANU – to register, call 902-661-0153, or email office@canu-ns.ca

Tea for Tots

When: Wednesdays 10:00-12:00pm (Drop-In)

May 22nd – June 26th

Where: Wentworth Learning Centre

Let's spill the tea on all things parenting and child development! Bring your children for an opportunity to learn about different topics and connect with other families in the community. A healthy snack will be provided.

Seedy Saturday

When: Saturday April 6th 11:00-2:00pm

Where: 5 Ratchford St., Amherst

Join us for a vibrant celebration of all things gardening! Bring your seeds to swap with fellow enthusiasts, learn from informative tables, and explore a variety of vendors offering gardening supplies and inspiration. There will be a kids activity table, snacks, and a door prize raffle!

Rockin' in the River – Afterschool Club

When: Tuesdays 2:45-4:15 Grades Pre-Primary-2

- Starting April 2 until June 11

Thursdays 2:45-4:15pm for Grades 3-6

- Starting April 4 until June 13

(Registration required)

Join us for our outreach after-school program for fun afternoons of games, activities, snacks, and art, hosted at the River Hebert Community Centre.

Healthy Kids

When: Mondays 2:45-4:15pm (Registration required)

Grades P-3: April 22nd, April 29th, May 6th, May 13th

Grades 4-6: May 27th, June 3rd, June 10th, June 17th

Where: Maggie's Place

Explore healthy lifestyle options through physical activity, healthy snack preparation, and life skills activities for children in **grades P-3 or 4-6** (two sessions). Drop-off program; please call to register.

Early Years Developmental Screenings

For ages 18 months to 4 years

Wednesday May 1st

@ Maggie's Place Family Resource Centre

Between 9:00-4:00pm

Wednesday May 15th

@ Parrsboro Elementary School

Between 9:00-4:00pm

Join Maggie's Place and partners from throughout Cumberland County to access a wide variety of resources, chat with professionals from many different areas, and have an Ages & Stages developmental checklist completed for your child.

Registration is required. Please call 902-667-7250 to book an appointment for this event.

Community Suppers

On the 3rd Friday of each month, from 4:30-6:30pm, join Maggie's Place in partnership with CANU at Anglican Christ Church for a delicious supper! Free of charge and open to all community members! Join us on the following dates:



Friday April 19th

Friday May 17th

Friday June 21st

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	EASTER MONDAY CENTRE CLOSED	Springhill P&B 9:30-11:00 POP-UP Pugwash – 10:00-12:00 Rockin’ in the River (PP-2) – 2:45-4:15	Once Upon A Time 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Springhill – 12:30-2:30	Parenting 101 – 9:30-11:00 POP-UP Wallace – 10:00-12:00 Baby Friendly Drop-in 1:00-3:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Oxford P&B 9:30-11:00	Seedy Saturday – 11:00-2:00
7	8	9	10	11	12	13
	Snugglebugs – 9:30-11:00 POP-UP Advocate – 10:00-12:00	POP-UP Pugwash – 10:00-12:00 Nobody’s Perfect – 1:00-2:30 Rockin’ in the River (PP-2) – 2:45-4:15	Once Upon A Time 10:00-11:30 Women of Wonder (WLC) – 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Springhill – 12:30-2:30	Parenting 101 – 9:30-11:00 POP-UP Wallace – 10:00-12:00 Baby Friendly Drop-in 1:00-3:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Parrsboro P&B 9:30-11:00	
14	15	16	17	18	19	20
	Snugglebugs – 9:30-11:00 POP-UP Advocate – 10:00-12:00 Crockpot Cooking – 10:00-12:00pm	Springhill P&B 9:30-11:00 Basic Life Skills – 9:30-11:30 POP-UP Pugwash – 10:00-12:00 Nobody’s Perfect – 1:00-2:30 Rockin’ in the River (PP-2) – 2:45-4:15	Once Upon A Time 10:00-11:30 Women of Wonder (WLC) – 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Springhill – 12:30-2:30	Parenting 101 – 9:30-11:00 POP-UP Wallace – 10:00-12:00 Baby Friendly Drop-in 1:00-3:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Oxford P&B 9:30-11:00 Community Supper 4:30-6:30	
21	22	23	24	25	26	27
	Snugglebugs – 9:30-11:00 POP-UP Advocate – 10:00-12:00 Crockpot Cooking – 10:00-12:00pm Healthy Kids (P-3) – 2:45-4:15	Basic Life Skills – 9:30-11:30 POP-UP Pugwash – 10:00-12:00 Nobody’s Perfect – 1:00-2:30 Rockin’ in the River (PP-2) – 2:45-4:15	Once Upon A Time 10:00-11:30 Women of Wonder (WLC) – 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 10:00-12:00 Parenting 101 – 9:30-11:00 Baby Friendly Drop-in 1:00-3:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Parrsboro P&B 9:30-11:00	
28	29	30				
	Snugglebugs – 9:30-11:00 POP-UP Advocate – 10:00-12:00 Crockpot Cooking – 10:00-12:00pm Healthy Kids (P-3) – 2:45-4:15	Springhill P&B 9:30-11:00 Basic Life Skills – 9:30-11:30 POP-UP Pugwash – 10:00-12:00 Nobody’s Perfect – 1:00-2:30 Rockin’ in the River (PP-2) – 2:45-4:15				

May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Once Upon A Time 10:00-11:30 Women of Wonder (WLC)– 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 10:00-12:00 Parenting 101 – 9:30-11:00 Baby Friendly Drop-in 1:00-3:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Oxford P&B 9:30-11:00	
5	6	7	8	9	10	11
	Snugglebugs – 9:30-11:00 POP-UP Advocate – 10:00-12:00 Crockpot Cooking – 10:00-12:00pm Healthy Kids (P-3) – 2:45-4:15	POP-UP Pugwash – 10:00-12:00 Basic Life Skills – 9:30-11:30 Women of Wonder (MP) - 1:00-2:30 Rockin’ in the River (PP-2) – 2:45-4:15 BCF Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30 Women of Wonder (WLC) – 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 10:00-12:00 Parenting 101 – 9:30-11:00 Baby Friendly Drop-in 1:00-3:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Parrsboro P&B 9:30-11:00	
12	13	14	15	16	17	18
	Snugglebugs – 9:30-11:00 POP-UP Advocate – 10:00-12:00 Healthy Kids (P-3) – 2:45-4:15	Springhill P&B 9:30-11:00 Basic Life Skills – 9:30-11:30 POP-UP Pugwash – 10:00-12:00 Women of Wonder (MP) - 1:00-2:30 Rockin’ in the River (PP-2) – 2:45-4:15 BCF Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30 Women of Wonder (WLC) – 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 10:00-12:00 Parenting 101 – 9:30-11:00 Baby Friendly Drop-in 1:00-3:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Oxford P&B 9:30-11:00 Community Supper 4:30-6:30	
19	20	21	22	23	24	25
	VICTORIA DAY CENTRE CLOSED	Basic Life Skills – 9:30-11:30 POP-UP Pugwash – 10:00-12:00 Women of Wonder (MP) - 1:00-2:30 Rockin’ in the River (PP-2) – 2:45-4:15 BCF Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 10:00-12:00 Parenting 101 – 9:30-11:00 Baby Friendly Drop-in 1:00-3:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Parrsboro P&B 9:30-11:00	
26	27	28	29	30	31	
	Snugglebugs – 9:30-11:00 POP-UP Advocate – 10:00-12:00 Healthy Kids (4-6) – 2:45-4:15	Springhill P&B 9:30-11:00 POP-UP Pugwash – 10:00-12:00 Women of Wonder (MP) - 1:00-2:30 Rockin’ in the River (PP-2) – 2:45-4:15 BCF Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Wentworth – 10:00-12:00 POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 10:00-12:00 Parenting 101 – 9:30-11:00 Baby Friendly Drop-in 1:00-3:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Oxford P&B 9:30-11:00	

June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	1/8
	Snugglebugs – 9:30-11:00 POP-UP Advocate – 10:00-12:00 Healthy Kids (4-6) – 2:45-4:15	POP-UP Pugwash – 10:00-12:00 Women of Wonder (MP) - 1:00-2:30 Rockin’ in the River (PP-2) – 2:45-4:15 BCF Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 10:00-12:00 Parenting 101 – 9:30-11:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Parrsboro P&B 9:30-11:00	
9	10	11	12	13	14	15
	Snugglebugs – 9:30-11:00 POP-UP Advocate – 10:00-12:00 Healthy Kids (4-6) – 2:45-4:15	Springhill P&B 9:30-11:00 Women of Wonder (MP) - 1:00-2:30 POP-UP Pugwash – 10:00-12:00 Rockin’ in the River (PP-2) – 2:45-4:15 BCF Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 10:00-12:00 Parenting 101 – 9:30-11:00 Baby Friendly Drop-in 1:00-3:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Oxford P&B 9:30-11:00	
16	17	18	19	20	21	22
Last week of POP-UP & Rockin’ in the River until September	Snugglebugs – 9:30-11:00 POP-UP Advocate – 10:00-12:00 Healthy Kids (4-6) – 2:45-4:15	POP-UP Pugwash – 10:00-12:00 Rockin’ in the River (PP-2) – 2:45-4:15	Once Upon A Time 10:00-11:30 POP-UP Oxford – 9:00-11:00 POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 10:00-12:00 Parenting 101 – 9:30-11:00 Baby Friendly Drop-in 1:00-3:00 Rockin’ in the River (3-6) – 2:45-4:15	Friday Fun Times 9:30-11:30 Parrsboro P&B 9:30-11:00 Community Supper 4:30-6:30	
23/30	24	25	26	27	28	29
	Snugglebugs – 9:30-11:00	Springhill P&B 9:30-11:00	Once Upon A Time 10:00-11:30	Baby Friendly Drop-in 1:00-3:00 Kick-Off to Summer Community Event – Details to come	Friday Fun Times 9:30-11:30 Oxford P&B 9:30-11:00	



Community Food Resources

Food Banks:

Amherst: 902-661-0677
Springhill: 902-597-3954
Oxford: 902-614-3735
Parrsboro: 902-254-3094
Pugwash: 902-664-8691

Community Meals:

YMCA Community Kitchen - 92 Church St.
Amherst Wednesdays, 12 pm to 1 pm

Oxford Community Kitchen - 207 Lower Main St.
Oxford Wednesdays 12 pm to 1 pm

Cumberland Homelessness & Housing Support
Association Community HUB - 55 Victoria St.
Amherst Daily, 8 am to 8 pm

Community Suppers held the third Friday of each
month, 4:30 pm to 6:30 pm at the Christ Church
Parish Hall, 5 Lawrence St. Amherst (entrance off
LaPlanche St.)

Food Pantries:

Pay It Forward Pantry - 27 Prince Arthur St.
Amherst

Maggie's Place porch - 11 Elmwood Dr. Amherst
ARHS Viking Food Pantry located at ARHS for
student access

River Hebert & Joggins Area Community Centre
by appointment. Call 902-251-2512

Wentworth Learning Centre - 13371 NS-4
Wentworth

Additional information available via 211 NS - call,
text, or go visit online. www.ns.211.ca