**Oatmeal Raisin Cookies**Made without butter or oil. From Maggie’s Magic Cupboard Cookbook, makes 2 ½ dozen

½ cup whole wheat flour 1 tsp cinnamon

½ cup white flour 1 egg

1 cup rolled oats 1/3 cup corn syrup

½ cup sugar 1 tsp vanilla

½ tsp baking powder ¾ cup raisins

½ tsp baking soda Non-stick cooking spray or oil

½ tsp salt

1. In large bowl combine first 7 ingredients and raisins.

2. Whisk together the egg, corn syrup and vanilla.

3. Combine wet and dry ingredients until all is moistened. Dough will be thick.

3. Drop by rounded spoonful on cookie sheet prepared with cooking spray or spread with vegetable oil.

4. Bake in preheated oven 350 F for 8-10 minutes, or just until set. Do not overbake.

5. Cool 5 minutes on cookie sheet, remove to wire rack to cool

Can add nuts, sunflower seeds, chocolate chips, craisins as you like.

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