

# The Ladybug Loop

Maggie's Place Family Resource Centre  
11 Elmwood Drive, Amherst, N.S  
Email: [cumberland@maggiesplace.ca](mailto:cumberland@maggiesplace.ca)  
Phone: 902-667-7250  
Fax: 902-667-0585

Call to register for programs or for more information!

## Hours of Operation:

Monday to Thursday 8:30-12:00, 1:00-4:30  
Friday 8:30-12:00, Closed Saturday & Sunday



## What's Happening at Maggie's? Winter 2024

### POP-UP (Preschool Outreach Program Utilizing Play)

**Advocate:** Mondays 10:00-12:00pm @ Advocate District School - Starting January 15<sup>th</sup>  
**Pugwash:** Tuesdays 10:00-12:00pm @ Pugwash Library - Starting January 16<sup>th</sup>  
**Wentworth:** Wednesdays 10:00-12:00pm @ Wentworth Learning Centre - Starting January 17<sup>th</sup>  
**Oxford:** Wednesdays 9:00-11:00am @ Oxford Nazarene Church – Starting January 17<sup>th</sup>  
**Springhill:** Wednesdays 12:30-2:30pm @ Miners Hall Basement – Starting January 17<sup>th</sup>  
**\*NEW\* Wallace:** Thursdays 9:30-11:30am @ Wallace Community Centre - Starting January 18<sup>th</sup>

A drop-in parent/guardian & child program, for children from birth to preschool, that uses play as the main method of exploration, learning, and development while building capacity and literacy skills together. A healthy snack is provided.

Funded by



### Snuggle Bugs

When: Mondays 9:30-11:00am (Drop-in)  
Where: Maggie's Place  
Parents come together at Maggie's Place with their babies to share ideas, concerns, ask questions, and learn new information about babies, parenting, health, and child education. We offer ongoing encouragement and support to parents with babies up to 18 months old. Early childhood development programming available for families with older siblings.

### Community Suppers

On the 3<sup>rd</sup> Friday of each month, from 4:30-6:30pm, join Maggie's Place in partnership with CANU at Anglican Christ Church for a delicious supper! Free of charge and open to all community members! Join us on the following dates:



Friday January 19<sup>th</sup>  
Friday February 16<sup>th</sup>  
Friday March 15<sup>th</sup>

### See what we've been up to!



### Pregnancy & Beyond (P&B)

**Springhill:** Bi-weekly Tuesdays @ Miners' Hall Basement (starting January 9<sup>th</sup>) – 9:30-11:00am  
**Oxford:** Bi-weekly Fridays @ Oxford Church of the Nazarene (starting January 12<sup>th</sup>) – 9:30-11:00am  
**Parrsboro:** Bi-weekly Fridays @ Parrsboro Fire Hall (starting January 5<sup>th</sup>) – 9:30-11:00am

A drop-in program for pre- and postnatal families with preschool aged children to come together to socialize, support one another, and participate in fun, family-friendly activities. An early childhood development program and healthy snack are also offered.

### Once Upon A Time

When: Wednesdays 10:00-11:30am (Drop-in)  
Where: Four Fathers Memorial Library Amherst  
Children and caregivers join us at the library for songs, dancing, and a story. A healthy snack will be offered.

### Friday Fun Times

When: Fridays 9:30-11:30am (Drop-in)  
Where: Maggie's Place  
This program emphasizes the importance of social development, play, and positive interaction between child and caregiver, while participating in free play, circle/story time, and enjoying a healthy snack. **Prepare for outdoor play, weather permitting.**

### Baby Friendly Drop-in

When: Thursdays 1:00-3:00pm  
Where: Maggie's Place  
Drop-in to chat with the Canadian Prenatal Nutrition Program staff, have your baby weighed by a Public Health Nurse, and receive information, ask questions, and obtain feeding support.

### Babies Come First Prenatal Class

When: Tuesdays 6:00-8:00pm (Registration Required) – January 16<sup>th</sup> – February 20<sup>th</sup> (storm date February 27<sup>th</sup>)  
Where: Maggie's Place  
A 6-week education program for expecting parents and their support person to learn about what to expect from labour and delivery, bringing baby home, feeding their baby, and so much more! An early childhood development program & healthy snack are also offered.



When: Thursdays 9:30-11:00am  
starting January 18<sup>th</sup> – March 7<sup>th</sup> (Drop-in)

Discuss a different parenting topic each week in Parenting 101! We chat about challenges, family management strategies, and community connections casually. No registration required. An early childhood development program & healthy snack will be provided.

When: Tuesdays 1:00-2:30pm

January 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>  
(storm date January 30<sup>th</sup>)

February 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>  
(storm date February 27<sup>th</sup>)

A three-week registration program designed to help parents and caregivers become more aware of children's stress, and to help children cope with and develop effective ways of dealing with stress. An early childhood development program & healthy snack will be provided.

**Maggie's Place**  
A Resource Centre  
for Families

JOIN MAGGIE'S PLACE FOR OUR

# EASTER FUN DAY!

STOP BY WEST HIGHLANDS SCHOOL GYMNASIUM ON  
SATURDAY MARCH 23, FROM 10AM-12PM  
FOR A FUN FAMILY EVENT!

CREATE ART, PLAY GAMES, DO LOTS OF FUN  
ACTIVITIES, AND MEET A SPECIAL VISITOR!  
NO REGISTRATION REQUIRED.

Join us for an 8-week after-school program for children **aged 5-9 years** with games, activities, snacks, and lots of fun, hosted at the River Hebert Community Centre.

Register for a time slot to meet with trained staff for an Ages & Stages Developmental screening! Staff will be on site and can make referrals to other organizations based on the screenings. Ages & Stages provides screening for children aged up to 60 months.

- Parrsboro Fire Hall
  - o Friday February 2<sup>nd</sup>  
11:00am-3:00pm
- Springhill Miners' Hall Basement
  - o Tuesday February 6<sup>th</sup>  
11:00am-3:00pm
- Oxford Church of the Nazarene
  - o Friday February 9<sup>th</sup>  
11:00am-3:00pm

Explore your creative side with us during a four-week after school art program for children **aged 7-11 years**. Try new materials, work on fun projects, and discover new ways of making art, then display your art for an art show for the end of our last session! Drop-off program; please call to register.

**211** Nova Scotia

January 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	NEW YEAR'S DAY CENTRE CLOSED	REOPEN AFTER HOLIDAYS	Once Upon A Time 10:00-11:30	Baby Friendly Drop- in 1:00-3:00	Friday Fun Times 9:30-11:30  Parrsboro P&B 9:30-11:00	
7	8	9	10	11	12	13
	Snuggiebugs – 9:30-11:00	Springhill P&B 9:30- 11:00  Kids Have Stress Too (Pugwash) – 1:00-2:30	Once Upon A Time 10:00-11:30	Baby Friendly Drop- in 1:00-3:00	Friday Fun Times 9:30-11:30  Oxford P&B 9:30-11:00	
14	15	16	17	18	19	20
FIRST WEEK OF POP-UP AFTER HOLIDAYS	Snuggiebugs – 9:30-11:00  POP-UP Advocate – 10:00-12:00	POP-UP Pugwash – 10:00-12:00  Kids Have Stress Too (Pugwash) – 1:00-2:30  Babies Come First Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30  POP-UP Oxford – 9:00-11:00  POP-UP Wentworth – 10:00-12:00  POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 9:30-11:30  Parenting 101 – 9:30-11:00  Baby Friendly Drop- in 1:00-3:00  Rockin’ in the River – 2:45-4:15	Friday Fun Times 9:30-11:30  Parrsboro P&B 9:30-11:00  Community Supper 4:30-6:30	
21	22	23	24	25	26	27
	Snuggiebugs – 9:30-11:00  POP-UP Advocate – 10:00-12:00  Creative Kids – 2:45-4:15	Springhill P&B 9:30- 11:00  POP-UP Pugwash – 10:00-12:00  Kids Have Stress Too (Pugwash) – 1:00-2:30  Babies Come First Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30  POP-UP Oxford – 9:00-11:00  POP-UP Wentworth – 10:00-12:00  POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 9:30-11:30  Parenting 101 – 9:30-11:00  Baby Friendly Drop- in 1:00-3:00  Rockin’ in the River – 2:45-4:15	Friday Fun Times 9:30-11:30  Oxford P&B 9:30-11:00	FAMILY LITERACY DAY – CHRIST CHURCH PARISH HALL 11AM-1PM
28	29	30	31			
	Snuggiebugs – 9:30-11:00  POP-UP Advocate – 10:00-12:00  Creative Kids – 2:45-4:15	POP-UP Pugwash – 10:00-12:00  Kids Have Stress Too <i>Storm Date</i> (Pugwash) – 1:00- 2:30  Babies Come First Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30  POP-UP Oxford – 9:00-11:00  POP-UP Wentworth – 10:00-12:00  POP-UP Springhill – 12:30-2:30			



February 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				POP-UP Wallace – 9:30-11:30  Parenting 101 – 9:30-11:00  Baby Friendly Drop-in 1:00-3:00  Rockin’ in the River – 2:45-4:15	Friday Fun Times 9:30-11:30  Parrsboro P&B 9:30-11:00  Ages & Stages - Parrsboro	
	4	5	6	7	8	9
		Snugglebugs – 9:30-11:00  POP-UP Advocate – 10:00-12:00  Creative Kids – 2:45-4:15	Springhill P&B 9:30-11:00  POP-UP Pugwash – 10:00-12:00  Kids Have Stress Too (Parrsboro) – 1:00-2:30  Ages & Stages - Springhill  Babies Come First Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30  POP-UP Oxford – 9:00-11:00  POP-UP Wentworth – 10:00-12:00  POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 9:30-11:30  Parenting 101 – 9:30-11:00  Baby Friendly Drop-in 1:00-3:00  Rockin’ in the River – 2:45-4:15	Friday Fun Times 9:30-11:30  Oxford P&B 9:30-11:00  Ages & Stages - Oxford
	11	12	13	14	15	16
		Snugglebugs – 9:30-11:00  POP-UP Advocate – 10:00-12:00  Creative Kids – 2:45-4:15	Ages & Stages – Amherst  POP-UP Pugwash  Kids Have Stress Too (Parrsboro) – 1:00-2:30  Babies Come First Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30  POP-UP Oxford – 9:00-11:00  POP-UP Wentworth – 10:00-12:00  POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 9:30-11:30  Parenting 101 – 9:30-11:00  Baby Friendly Drop-in 1:00-3:00  Rockin’ in the River – 2:45-4:15	Friday Fun Times 9:30-11:30  Parrsboro P&B 9:30-11:00  Community Supper 4:30-6:30
	18	19	20	21	22	23
		FAMILY DAY CENTRE CLOSED	Springhill P&B 9:30-11:00  POP-UP Pugwash – 10:00-12:00  Kids Have Stress Too (Parrsboro) – 1:00-2:30  Babies Come First Prenatal Class – 6:00-8:00	Once Upon A Time 10:00-11:30  POP-UP Oxford – 9:00-11:00  POP-UP Wentworth – 10:00-12:00  POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 9:30-11:30  Parenting 101 – 9:30-11:00  Baby Friendly Drop-in 1:00-3:00  Rockin’ in the River – 2:45-4:15	Friday Fun Times 9:30-11:30  Oxford P&B 9:30-11:00
	25	26	27	28	29	
		Snugglebugs – 9:30-11:00  POP-UP Advocate – 10:00-12:00	POP-UP Pugwash – 10:00-12:00  Kids Have Stress Too <i>Storm Date</i> (Parrsboro) – 1:00-2:30  Babies Come First Prenatal Class <i>Storm Date</i> – 6:00-8:00	Once Upon A Time 10:00-11:30  POP-UP Oxford – 9:00-11:00  POP-UP Wentworth – 10:00-12:00  POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 9:30-11:30  Parenting 101 – 9:30-11:00  Baby Friendly Drop-in 1:00-3:00  Rockin’ in the River – 2:45-4:15	

March 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Friday Fun Times 9:30-11:30  Parrsboro P&B 9:30-11:00	
3	4	5	6	7	8	9
	Snugglebugs – 9:30-11:00  POP-UP Advocate – 10:00-12:00	Springhill P&B 9:30-11:00  POP-UP Pugwash – 10:00-12:00	Once Upon A Time 10:00-11:30  POP-UP Oxford – 9:00-11:00  POP-UP Wentworth – 10:00-12:00  POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 9:30-11:30  Parenting 101 – 9:30-11:00  Baby Friendly Drop-in 1:00-3:00  Rockin’ in the River – 2:45-4:15	Friday Fun Times 9:30-11:30  Oxford P&B 9:30-11:00	
10	11	12	13	14	15	16
<b>MARCH BREAK – NO POP-UP THIS WEEK</b>  March Break Activities TBA	Snugglebugs – 9:30-11:00		Once Upon A Time 10:00-11:30	Baby Friendly Drop-in 1:00-3:00	Friday Fun Times 9:30-11:30  Parrsboro P&B 9:30-11:00  Community Supper 4:30-6:30	
17	18	19	20	21	22	23
	Snugglebugs – 9:30-11:00  POP-UP Advocate – 10:00-12:00	Springhill P&B 9:30-11:00  POP-UP Pugwash – 10:00-12:00	Once Upon A Time 10:00-11:30  POP-UP Oxford – 9:00-11:00  POP-UP Wentworth – 10:00-12:00  POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 9:30-11:30  Baby Friendly Drop-in 1:00-3:00	Friday Fun Times 9:30-11:30  Oxford P&B 9:30-11:00	<b>EASTER FUN DAY – WEST HIGHLANDS SCHOOL GYM 10AM-12PM</b>
24/31	25	26	27	28	29	30
	Snugglebugs – 9:30-11:00  POP-UP Advocate – 10:00-12:00	POP-UP Pugwash – 10:00-12:00	Once Upon A Time 10:00-11:30  POP-UP Oxford – 9:00-11:00  POP-UP Wentworth – 10:00-12:00  POP-UP Springhill – 12:30-2:30	POP-UP Wallace – 9:30-11:30  Baby Friendly Drop-in 1:00-3:00	<b>GOOD FRIDAY CENTRE CLOSED</b>	