



Tasty Tex-Mex taco Salad

Ingredients:

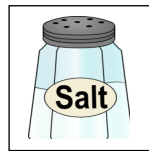
½ pound lean ground beef



1 tsp chili powder



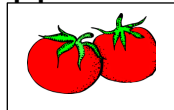
1 tsp salt



1 head of lettuce, shredded



2 tomatoes, chopped



1 cup cheese, grated



1-10 ounce pkg tortilla chips



1-15 ounce can kidney beans, drained

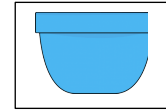


French salad dressing



Supplies:

Large salad bowl



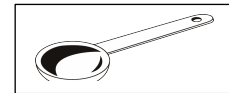
Wooden spoon



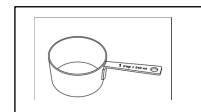
Large skillet



Teaspoon



Measuring cup



Steps:

1. In large skillet, cook beef with chili powder, stirring until browned. Drain grease and sprinkle the beef with salt. Allow to cool.
2. In salad bowl, combine lettuce, tomato, cheese and chips. Then toss in beef and beans.
3. Sprinkle with salad dressing.

Tip: Ground beef should be cold before you add it to the rest of the ingredients, or the lettuce will wilt.