

The Ladybug Loop

Maggie's Place Family Resource Centre
11 Elmwood Drive, Amherst, N.S
Email: cumberland@maggiesplace.ca
Phone: 902-667-7250
Fax: 902-667-0585

Call to register for programs or for more information!

Hours of Operation:

Monday to Thursday 8:30-12:00, 1:00-4:30
Friday 8:30-12:00, Closed Saturday & Sunday



What's Happening at Maggie's? Spring 2026

Snuggle Bugs

When: Mondays 9:30-11:00am (Drop-In)
(no program April 6th, May 4th, May 18th;
final program on June 15th)

Where: Maggie's Place

Parents come together at Maggie's Place to share ideas, concerns, ask questions, and learn new information about babies, parenting, health, and child education. We offer ongoing encouragement and support to parents with babies up to 18 months old. Early childhood development programming available for families with older siblings.

Babies Come First Prenatal Class

When: Tuesdays 6:00-8:00pm (Registration Required) – May 12th – June 16th

Where: Maggie's Place

A 6-week education program for expectant parents and their support person to learn about what to expect from labour and delivery, bringing baby home, feeding their baby, and so much more! An early childhood development program & healthy snack are offered.

Parenting 101

When: Thursdays 9:30-11:00am (Drop-In)
(final program on June 18th)

Where: Maggie's Place

AND

When: Mondays 9:30-11:00am (Drop-In)
(no program April 6th, May 4th, May 18th;
final program on June 15th)

Where: Dr. Carson & Marion Murray Community Centre (Springhill)

Discuss a different parenting topic each week in Parenting 101! We casually chat about challenges, family management strategies, and community connections! No registration required. An early childhood development program & healthy snack are offered.

Outreach Playgroup

Pugwash: Tuesdays @

Pugwash Library

10:00am-12:00pm

Springhill: Wednesdays @ Dr.

Carson & Marion Murray

Community Centre

10:00am-12:00pm

Wentworth: Wednesdays @

Wentworth Learning Centre

10:00am-12:00pm

Parrsboro: Thursdays @

Fundy Geological Museum

10:00am-12:00pm

** see calendar for dates **

(last programs before summer
– week of June 15th)

A weekly drop-in program for parents/caregivers and their 0–5-year-old children. Join us for singing, stories, fun activities, and more to learn through play & exploration. A great opportunity to connect with other caregivers and build attachment with your child in a fun and educational space with our Early Childhood Development staff. A healthy snack is offered.

Pregnancy & Beyond (P&B)

Springhill: Bi-weekly Tuesdays @ Dr. Carson & Marion Murray Community Centre – 9:30-11:00am
(last program before summer – June 23rd)

Oxford: Bi-weekly Fridays @ Oxford Church of the Nazarene – 9:30-11:00am
(last program before summer – June 26th)

** see calendar for dates **

A drop-in program for pre- and postnatal families with preschool aged children to come together to socialize, support one another, and participate in fun, family-friendly activities. An early childhood development program and healthy snack are also offered.

Once Upon a Time

When: Wednesdays 10:00-11:30am (Drop-In)

Where: Four Fathers Memorial Library Amherst Children and caregivers join us at the library for songs, dancing, and a story. A healthy snack will be offered.



Baby Friendly Drop-In

When: Thursdays 1:00-3:00pm

Where: Maggie's Place

Drop-in to chat with the Canadian Prenatal Nutrition Program staff, have your baby weighed by a Public Health Nurse, and receive information, ask questions, and obtain feeding support.

Friday Fun Playgroup

When: Fridays 9:30-11:30am (Drop-in)

(no program April 3rd)

Where: Maggie's Place

This program emphasizes the importance of social development, play, and positive interaction between child and caregiver, while participating in free play, circle/story time, and enjoying a healthy snack. **Prepare for outdoor play, weather permitting.**

Cultural Connections Initiative

The Cultural Connections Initiative (CCI) is a project that focuses on creating connections with and events for the ANS/Black community within Cumberland County! Events through CCI prioritize access to Black/African Nova Scotian children, youth, families, and communities, to provide safe spaces, informed conversations, and culturally responsive programming. Take a look at what our CCI staff are up to!

Walk It & Talk It

When: Thursdays 11:00am-12:00pm

Starting May 7th (Registration Required)

Where: Dickey Park, Amherst

Have ideas for events you'd like to see in Cumberland County? Want to get involved in your community? Curious about what the CCI project is and how to get involved in community roundtable discussions? Join us for Walk It & Talk It where we host conversation around Black/African Nova Scotian access to culturally sensitive and representative events in Cumberland County – and get your steps in too! We will have coffee, tea, & snacks for on the go.

ANS Workshop Series

Where: Maggie's Place

Join us for a series of fun, creative workshops for adults to connect, discuss, and create together! Registration is required for each program. An Early Childhood Development program and healthy snacks are offered for each workshop.

Unity in Every Gem – Diamond Art

Thursday April 9th, 4:00-6:00pm

This diamond art gathering offers a calm, welcoming space to unwind, connect, and create in community. No experience is needed — all materials will be provided. Come enjoy meaningful conversation, gentle creativity, and an opportunity to rest and recharge together.

DIY Potted Plant Art

Thursday May 14th, 4:00-6:00pm

This DIY Potted Plant Art event is a chance to relax, connect, and express yourself through art in a welcoming, culturally affirming space. Create and decorate your own personalized plant pot to take home — a beautiful reminder of growth, care, and community. No artistic experience is needed, and all materials will be provided. Come enjoy meaningful conversation, creativity, and time to nurture both your plant and you.

Afro Silhouette Art

Thursday June 18th, 4:00-6:00pm

Join us for a powerful and creative afternoon celebrating culture, identity, and self-expression.

Participants will design and personalize their own afro silhouette art piece to take home — a bold celebration of heritage, pride, and creativity. No artistic experience is needed, and all materials will be provided. Come connect, create, and celebrate community together.

Cyber Café

When: Every 2nd Wednesday, 10:00am-12:00pm
(April 8th, April 22nd, May 6th, May 20th, June 3rd, June 17th)
Where: Wentworth Learning Centre (Community Library)
Are you experiencing technical difficulties? Do you need help navigating services on the internet? Our tech guru Stephen would love to help! Stop by to learn new skills to help you navigate your device with confidence and chat with staff on site! Free internet access is provided, and service navigation is available.

Community Suppers

On the 3rd Friday of each month, from 4:30-6:30pm, join Maggie's Place in partnership with CANU at Anglican Christ Church for a delicious supper! Free of charge and open to all community members! Join us on:

Friday April 17th

Friday May 15th

Friday June 19th



Budgeting for Busy Families

When: Tuesday April 21st 9:30-11:30am

Where: Maggie's Place (Registration Required)

A practical program helping parents and caregivers learn simple budgeting skills and money-saving tips to help reduce financial stress and stretch household dollars! A healthy snack and Early Childhood Development program are offered.

Parenting Your Prickly Preteen

When: Wednesday May 13th 6:00-8:00pm

Where: Maggie's Place (Registration Required)

Practical and real-life strategies to help parents and caregivers of youth ages 9 -13 confidently handle moods, big emotions and challenges while strengthening relationships with their prickly pre-teens. A healthy snack and Early Childhood Development program are offered.

Register for the 2026
EARLY YEARS SCREENING
FOR 18 MONTHS - 4 YEARS OLD

Make an appointment to talk to service providers about supports offered in Cumberland County, and complete an Ages & Stages Developmental Screening with your child!

APPOINTMENTS AVAILABLE BETWEEN 9:00AM-3:00PM

OXFORD - APRIL 29TH
@ OREC Gymnasium (249 Lower Main St., Oxford)

AMHERST - MAY 4TH
@ Amherst Lion's Club (9 Electric St., Amherst)

TO REGISTER CALL MAGGIE'S PLACE
902-667-7250

Youth & Afterschool Programs

Youth Workshops

Where: Maggie's Place

Join us for a series of different creative and fun workshops! From exploring new art styles, to cooking together, there is something for everyone! Each program also has healthy snacks.

Please note differing age groups for each program

Separate registration is required for each program

Sushi-Making Workshop

Friday April 10th 3:00-5:00pm, Ages 10-14

Comic Book Workshop

Monday April 13th 3:30-5:30pm, Ages 12-18

Graffiti Art Workshop

Wednesday May 13th 3:00-5:00pm, Ages 13-18

Baking Workshop

Monday May 25th 3:00-5:00pm, Ages 12-18

Lower Cove Beach Combing & Art Workshop

Tuesday May 26th 3:00-5:30, Ages 10-18

Cut, Stitch, Create! An Upcycling Workshop (Ages 10-16)

When: Fridays 3:00-5:00pm

May 15th– June 19th (Registration Required)

Where: Maggie's Place

Join us for a fun, creative, and thrifty six-week workshop where you can customize clothing, learn basic sewing skills, repurpose fabrics, and create your own style! We will have thrifted items and materials to make things your own and learn the skills to do it!

A healthy snack is offered.

Garden Club (Ages 5-12 & 13-18)

When: Tuesdays 3:00-4:30pm

April 14th – June 30th (Registration Required)

Where: Amherst Community Garden

From soil to seeds to plants to food! Join us for tons of gardening fun. This program will include seed starting, planting, garden crafts, growing food, and eating it! A healthy snack is offered. Youth ages 13-18 will support younger youth in their gardening journey.

Anchor After Hours (Ages 13-18)

When: Mondays 6:00-8:00pm

April 20th, May 11th, June 15th (Drop-In)

Where: Anchor Youth Space Cumberland

We are hosting fun evenings of healthy snacks, activities, and a welcoming environment for youth!

Treat Yo' Self – Girls Group (Ages 10-16)

When: Mondays 3:00-5:00pm

June 1st – June 22nd (Registration Required)

Where: Maggie's Place

Join us for four afternoons of self-care, mindfulness, and taking care of our bodies. This group will cover topics such as menstruation, personal boundaries, yoga and meditation, and talk about challenges in being a teen and the supports that are available! A healthy snack is offered.

Outreach After-School Program (Ages 5-12)

Parrsboro

When: Thursdays 3:00-4:30pm

April 2nd – May 7th (Registration Required)

Where: Fundy Geological Museum

River Hebert

When: Wednesdays 3:00-4:30pm

May 13th – June 17th (Registration Required)

Where: RHJACC (River Hebert Community Centre)

**** see calendar for all dates ****

Join us for a six-week after-school program packed with exciting activities and fun! With different programming and topics each week, children will be engaged and exploring through intentionally designed and child-led activities.

Registration is required. A healthy snack is offered.

Inspiring Young Minds (Ages 10-16)

When: Wednesdays 5:00-6:30pm

April 8th – April 29th (Registration Required)

Where: Wentworth Learning Centre

Join us for a 4-week youth empowerment program. We will meet every Wednesday to make and eat good food, make some cool arts and crafts, talk about our communities and how we can make them better for our youth and everyone else in it! Registration is required. A healthy snack is offered.

Youth Drop-In (Ages 10-18 Years)

When: Thursdays 3:00-5:00pm

(final program on June 25th ; summer hours TBD)

Where: Anchor Youth Space Cumberland

Youth Drop-In is a fun, weekly program for school-aged pre-teens and teens to socialize, build connections, create memories, and learn new things through activities and community partnerships! No registration is required. A healthy snack will be offered.

Youth Chat (Ages 14-19 Years)

When: Wednesdays 2:30-4:30pm (Drop-In)

April 8th – June 24th

Where: DCMCC (Springhill Community Centre)

Life can be messy! Stop in for a snack and a chat with our friendly, non-judgemental staff. We're here to help!

Our Youth Chat program is hitting the road.

Youth Chat offers a welcoming, judgment-free space to connect with supportive staff and access helpful resources.

We can support youth with things like: Basic needs (toiletries, period products, etc.), food and snacks, laundry support, navigating services and programs in the community, and connecting with local resources.

Each week we will also host a topic or activity based on what youth in our community say they need most. Come hang out, grab a snack, ask questions, and connect.

Everyone deserves support and a place to feel welcome.

April 2026

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Wentworth Playgroup 10:00-12:00	2 Parenting 101 Amherst 9:30-11:00 Parrsboro Playgroup 10:00-12:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Afterschool 3:00-4:30 Youth Drop-In 3:00-5:00	3 CLOSED Good Friday	4
5	6 CLOSED Easter Monday	7 Pugwash Playgroup 10:00-12:00	8 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Wentworth Playgroup 10:00-12:00 Cyber Café 10:00-12:00 Youth Chat 2:30-4:30 Inspiring Young Minds 5:00-6:30	9 Parenting 101 Amherst 9:30-11:00 Parrsboro Playgroup 10:00-12:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Afterschool 3:00-4:30 Youth Drop-In 3:00-5:00 ANS Unity in Every Gem 4:00-6:00	10 Friday Fun Times 9:30-11:30 Sushi Workshop 3:00-5:00	11 Maggie's Place Spring Fun Day West Highlands Gymnasium 10:00-12:00
12	13 Parenting 101 Springhill 9:30-11:00 Snugglebugs 9:30-11:00 Comic Book Workshop 3:30-5:30	14 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 Garden Club 3:00-4:30	15 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Wentworth Playgroup 10:00-12:00 Youth Chat 2:30-4:30 Inspiring Young Minds 5:00-6:30	16 Parenting 101 Amherst 9:30-11:00 Parrsboro Playgroup 10:00-12:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Afterschool 3:00-4:30 Youth Drop-In 3:00-5:00	17 Friday Fun Times 9:30-11:30 Pregnancy & Beyond: Oxford 9:30-11:00 Community Supper 4:30-6:30	18
19	20 Parenting 101 Springhill 9:30-11:00 Snugglebugs 9:30-11:00 Anchor After-Hours 6:00-8:00	21 Budgeting for Busy Families 9:30-11:30 Pugwash Playgroup 10:00-12:00 Garden Club 3:00-4:30	22 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Wentworth Playgroup 10:00-12:00 Cyber Café 10:00-12:00 Youth Chat 2:30-4:30 Inspiring Young Minds 5:00-6:30	23 Parenting 101 Amherst 9:30-11:00 Parrsboro Playgroup 10:00-12:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Afterschool 3:00-4:30 Youth Drop-In 3:00-5:00	24 Friday Fun Times 9:30-11:30	25
26	27 Parenting 101 Springhill 9:30-11:00 Snugglebugs 9:30-11:00	28 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 Garden Club 3:00-4:30	29 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Wentworth Playgroup 10:00-12:00 Youth Chat 2:30-4:30 Inspiring Young Minds 5:00-6:30	30 Parenting 101 Amherst 9:30-11:00 Parrsboro Playgroup 10:00-12:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Afterschool 3:00-4:30 Youth Drop-In 3:00-5:00	May 1 Friday Fun Times 9:30-11:30 Pregnancy & Beyond: Oxford 9:30-11:00	May 2

May 2026

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
3	4 Early Years Screening Amherst @ Lion's Club 9:00-3:00 by appointment <i>No programs</i>	5 Pugwash Playgroup 10:00-12:00 Garden Club 3:00-4:30	6 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Wentworth Playgroup 10:00-12:00 Cyber Café 10:00-12:00 Youth Chat 2:30-4:30	7 Parenting 101 Amherst 9:30-11:00 Parrsboro Playgroup 10:00-12:00 Walk It & Talk It 11:00-12:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Afterschool 3:00-4:30 Youth Drop-In 3:00-5:00	8 Friday Fun 9:30-11:30	9
10	11 Parenting 101 Springhill 9:30-11:00 Snugglebugs 9:30-11:00 Anchor After-Hours 6:00-8:00	12 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 Garden Club 3:00-4:30 Babies Come First Prenatal – 6:00-8:00	13 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Wentworth Playgroup 10:00-12:00 Youth Chat 2:30-4:30 River Hebert Afterschool 3:00-4:30 Graffiti Art Workshop 3:00-5:00 Parenting Your Prickly Preteen 6:00-8:00	14 Parenting 101 Amherst 9:30-11:00 Parrsboro Playgroup 10:00-12:00 Walk It & Talk It 11:00-12:00 Baby Friendly Drop-In 1:00-3:00 Youth Drop-In 3:00-5:00 ANS DIY Potted Plants 4:00-6:00	15 Friday Fun Times 9:30-11:30 Pregnancy & Beyond: Oxford 9:30-11:00 Community Supper 4:30-6:30 Upcycling Workshop 3:00-5:00	16
17	18 CLOSED Victoria Day	19 Pugwash Playgroup 10:00-12:00 Garden Club 3:00-4:30 Babies Come First Prenatal – 6:00-8:00	20 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Wentworth Playgroup 10:00-12:00 Cyber Café 10:00-12:00 Youth Chat 2:30-4:30 River Hebert Afterschool 3:00-4:30	21 Parenting 101 Amherst 9:30-11:00 Parrsboro Playgroup 10:00-12:00 Walk It & Talk It 11:00-12:00 Baby Friendly Drop-In 1:00-3:00 Youth Drop-In 3:00-5:00	22 Friday Fun 9:30-11:30 Upcycling Workshop 3:00-5:00	23
24/31	25 Parenting 101 Springhill 9:30-11:00 Snugglebugs 9:30-11:00 Youth Baking Workshop 3:00-5:00	26 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 Garden Club 3:00-4:30 Lower Cove Beach Combing Trip 3:00-5:30 Babies Come First Prenatal – 6:00-8:00	27 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Wentworth Playgroup 10:00-12:00 Youth Chat 2:30-4:30 River Hebert Afterschool 3:00-4:30	28 Parenting 101 Amherst 9:30-11:00 Parrsboro Playgroup 10:00-12:00 Walk It & Talk It 11:00-12:00 Baby Friendly Drop-In 1:00-3:00 Youth Drop-In 3:00-5:00	29 Friday Fun Times 9:30-11:30 Pregnancy & Beyond: Oxford 9:30-11:00 Upcycling Workshop 3:00-5:00	30

June 2026

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<p>1</p> <p>Parenting 101 Springhill 9:30-11:00</p> <p>Snugglebugs 9:30-11:00</p> <p>Treat Yo' Self Girls Group 3:00-5:00</p>	<p>2</p> <p>Pugwash Playgroup 10:00-12:00</p> <p>Garden Club 3:00-4:30</p> <p>Babies Come First Prenatal – 6:00-8:00</p>	<p>3</p> <p>Once Upon a Time 10:00-11:30</p> <p>Springhill Playgroup 10:00-12:00</p> <p>Wentworth Playgroup 10:00-12:00</p> <p>Cyber Café 10:00-12:00</p> <p>Youth Chat 2:30-4:30</p> <p>River Hebert Afterschool 3:00-4:30</p>	<p>4</p> <p>Parenting 101 Amherst 9:30-11:00</p> <p>Parrsboro Playgroup 10:00-12:00</p> <p>Walk It & Talk It 11:00-12:00</p> <p>Baby Friendly Drop-In 1:00-3:00</p> <p>Youth Drop-In 3:00-5:00</p>	<p>5</p> <p>Friday Fun Times 9:30-11:30</p> <p>Upcycling Workshop 3:00-5:00</p>	6
7	<p>8</p> <p>Parenting 101 Springhill 9:30-11:00</p> <p>Snugglebugs 9:30-11:00</p> <p>Treat Yo' Self Girls Group 3:00-5:00</p>	<p>9</p> <p>Pregnancy & Beyond: Springhill 9:30-11:00</p> <p>Pugwash Playgroup 10:00-12:00</p> <p>Garden Club 3:00-4:30</p> <p>Babies Come First Prenatal – 6:00-8:00</p>	<p>10</p> <p>Once Upon a Time 10:00-11:30</p> <p>Springhill Playgroup 10:00-12:00</p> <p>Wentworth Playgroup 10:00-12:00</p> <p>Youth Chat 2:30-4:30</p> <p>River Hebert Afterschool 3:00-4:30</p>	<p>11</p> <p>Parenting 101 Amherst 9:30-11:00</p> <p>Parrsboro Playgroup 10:00-12:00</p> <p>Walk It & Talk It 11:00-12:00</p> <p>Baby Friendly Drop-In 1:00-3:00</p> <p>Youth Drop-In 3:00-5:00</p>	<p>12</p> <p>Friday Fun Times 9:30-11:30</p> <p>Pregnancy & Beyond: Oxford 9:30-11:00</p> <p>Upcycling Workshop 3:00-5:00</p>	13 Pride Parade
14 Last Week of Recurring Programs	<p>15</p> <p>Parenting 101 Springhill 9:30-11:00</p> <p>Snugglebugs 9:30-11:00</p> <p>Treat Yo' Self Girls Group 3:00-5:00</p> <p>Anchor After-Hours 6:00-8:00</p>	<p>16</p> <p>Pugwash Playgroup 10:00-12:00</p> <p>Garden Club 3:00-4:30</p> <p>Babies Come First Prenatal – 6:00-8:00</p>	<p>17</p> <p>Once Upon a Time 10:00-11:30</p> <p>Springhill Playgroup 10:00-12:00</p> <p>Wentworth Playgroup 10:00-12:00</p> <p>Cyber Café 10:00-12:00</p> <p>Youth Chat 2:30-4:30</p> <p>River Hebert Afterschool 3:00-4:30</p>	<p>18</p> <p>Parenting 101 Amherst 9:30-11:00</p> <p>Parrsboro Playgroup 10:00-12:00</p> <p>Walk It & Talk It 11:00-12:00</p> <p>Baby Friendly Drop-In 1:00-3:00</p> <p>Youth Drop-In 3:00-5:00</p> <p>ANS Afro Silhouettes 4:00-6:00</p>	<p>19</p> <p>Friday Fun Times 9:30-11:30</p> <p>Upcycling Workshop 3:00-5:00</p> <p>Community Supper 4:30-6:30</p>	20
21	<p>22</p> <p>Treat Yo' Self Girls Group 3:00-5:00</p>	<p>23</p> <p>Pregnancy & Beyond: Springhill 9:30-11:00</p> <p>Garden Club 3:00-4:30</p>	<p>24</p> <p>Once Upon a Time 10:00-11:30</p> <p>Youth Chat 2:30-4:30</p>	<p>25</p> <p>Baby Friendly Drop-In 1:00-3:00</p> <p>Youth Drop-In 3:00-5:00</p>	<p>26</p> <p>Friday Fun Times 9:30-11:30</p> <p>Pregnancy & Beyond: Oxford 9:30-11:00</p>	27
28	<p>29</p> <p>Kick Off to Summer Dickey Park 12:00-3:00</p>	<p>30</p> <p>Garden Club 3:00-4:30</p>	<p>July 1</p> <p>CLOSED Canada Day</p>			