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**BBQ Chicken Wrap**

Ingredients:

2 cups cooked chicken

½ cup cheddar cheese

¼ cup onion finely chopped

½ cup barbeque sauce

4 flour tortillas

4 lettuce leaves

Directions:

1. Mix chicken, cheese, onion and barbeque sauce in a bowl.
2. Line each tortilla with a lettuce leaf.
3. Layer tortillas with a 1/2 cup of the mixture. Starting at that end, roll the tortilla up, folding in the sides like a burrito.
4. If desired, Heat a skillet over medium heat. Place the wraps seam side down in the skillet. Cook, turning the wraps every minute or two, until they are warmed through. Serve immediately.

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