

The Ladybug Loop

Maggie's Place Family Resource Centre
11 Elmwood Drive, Amherst, N.S.
Email: cumberland@maggiesplace.ca
Phone: 902-667-7250
Fax: 902-667-0585

Call to register for programs or for more information!

Hours of Operation:

Monday to Thursday 8:30-12:00, 1:00-4:30
Friday 8:30-12:00, Closed Saturday & Sunday



What's Happening at Maggie's? Fall 2025

Snuggle Bugs

When: Mondays 9:30-11:00am
Starting September 15th
Where: Maggie's Place

Parents come together at Maggie's Place to share ideas, concerns, ask questions, and learn new information about babies, parenting, health, and child education. We offer ongoing encouragement and support to parents with babies up to 18 months old. Early childhood development programming available for families with older siblings.

Parenting 101

When: Thursdays 9:30-11:00am (Drop-In)
(Drop-in) **September 18th – December 4th**
Where: Maggie's Place
AND

When: Mondays 9:30-11:00am (Drop-In)
(Drop-in) **September 15th – December 1st**
Where: Dr. Carson & Marion Murray
Community Centre (Springhill)

Discuss a different parenting topic each week in Parenting 101! We chat about challenges, family management strategies, and community connections casually. No registration required. An early childhood development program & healthy snack are offered.

CAEC with CANU

When: Tuesdays starting
September 16th
1:00-3:00pm
Where: Maggie's Place
Need your Grade 12?
Need Childcare?
Join CANU at Maggie's Place & study while your child participates in an early childhood development program with our ECE staff!
Registration is required.

Outreach Playgroup

Pugwash: Tuesdays @
Pugwash Library
10:00am-12:00pm
Springhill: Wednesdays @
DCMM Community Centre
10:00am-12:00pm
Parrsboro: Thursdays @
Fundy Geological Museum
10:00am-12:00pm
**** see calendar for dates ****

A weekly drop-in program for parents/caregivers and their 0-5-year-old children. Join us for singing, stories, fun activities, and more to learn through play & exploration. A great opportunity to connect with other caregivers and build attachment with your child in a fun and educational space with our ECE staff. A healthy snack is offered.

Pregnancy & Beyond (P&B)

Springhill: Bi-weekly Tuesdays
@ DCMM Community Centre – 9:30-11:00am
Oxford: Bi-weekly Fridays
@ Oxford Church of the Nazarene – 9:30-11:00am
Wentworth: Bi-weekly Fridays
@ Wentworth Learning Centre – 9:30-11:00am
**** see calendar for dates ****

A drop-in program for pre- and postnatal families with preschool aged children to come together to socialize, support one another, and participate in fun, family-friendly activities. An early childhood development program and healthy snack are also offered.

Once Upon A Time

When: Wednesdays 10:00-11:30am (Drop-in)
Where: Four Fathers Memorial Library Amherst
Children and caregivers join us at the library for songs, dancing, and a story. A healthy snack will be offered.

Baby Friendly Drop-in

When: Thursdays 1:00-3:00pm
(no program September 4th)
Where: Maggie's Place
Drop-in to chat with the Canadian Prenatal Nutrition Program staff, have your baby weighed by a Public Health Nurse, and receive information, ask questions, and obtain feeding support.

Friday Fun Playgroup

When: Fridays 9:30-11:30am (Drop-in)
Where: Maggie's Place
This program emphasizes the importance of social development, play, and positive interaction between child and caregiver, while participating in free play, circle/story time, and enjoying a healthy snack. **Prepare for outdoor play, weather permitting.**



WORKING WITH
COMMUNITIES IN
COLCHESTER &
CUMBERLAND COUNTIES



Autumn Community Hikes

Come out and see our beautiful community! Healthy snacks are provided. Free and open to everyone. No registration required.

Sunday, September 21, 10:00am-12:00pm

Horse Pasture Falls, Wentworth

Mushroom ID with Ben Kendrick!

Saturday, October 18, 10:00am-12:00pm

Wentworth Lookoff (parking @ Wentworth Hostel)

Fall colours will be at their peak.

Lichen ID with Ben Kendrick!

Saturday, November 22, 10:00am-12:00pm

Pugwash Estuary Trail

with Friends of the Pugwash Estuary!

Babies Come First Prenatal Class

When: Tuesdays 6:00-8:00pm (Registration Required) –
October 7th – November 18th

(no program on November 11th)

Where: Maggie's Place

A 6-week education program for expecting parents and their support person to learn about what to expect from labour and delivery, bringing baby home, feeding their baby, and so much more! An early childhood development program & healthy snack are offered.

Infant Massage

When: Mondays 1:30-3:00

November 10th – December 8th

(Registration Required)

Where: Maggie's Place

Infant Massage is a five-week family-centered program that teaches primary caregivers nurturing touch to apply in their homes. Infant Massage can provide relaxation and relief for babies, but most importantly, this interaction between parents and their babies promotes bonding and attachment, helps to build nurturing and respectful relationships. An early childhood development program and snack will be provided.

Tea & Tots

When: Wednesdays 10:00-11:30 (Drop-In)

September 17th – December 3rd

Where: Wentworth Learning Centre

Are you the caregiver of a baby or toddler? Do you and your little one(s) need to connect with others in your community? Join with fellow parents and their kiddos for a time of sharing, learning and laughing. A healthy snack is offered.

After-School Programming (Ages 5-10)

(Registration Required) 2:45-4:15pm

Oxford: Tuesdays October 7th – November 18th (no program November 11th) @ Location TBD

River Hebert: Thursdays October 9th – November 13th @ River Hebert/Joggins Community Centre

**** see calendar for all dates ****

Join us for a six-week after-school program packed with exciting activities and fun! With different programming and topics each week, children will be engaged and exploring through intentionally designed and child-led activities.

A healthy snack will be offered.

Child Passenger Safety Week – Information Session & Car Seat Installation Clinic/Check

(Registration Required)

When: Saturday September 27th, 9:00am-12:00pm

Where: Maggie's Place

Join us for an informative session on using car seats properly! Gain knowledge of best practice, which seat is right for your child, build skills on using car seats, and empower yourself with the confidence that you can keep your child safe as a passenger in your car! Certified Child Passenger Safety Technicians will be on site offering information, as well as car seat installation checks. Space is limited to ensure staff have the appropriate amount of time to help each family with their seat(s). An early childhood development program and healthy snacks will be offered.

Amherst Community Suppers

On the 3rd Friday of each month, from 4:30-6:30pm, join Maggie's Place in partnership with CANU at Anglican Christ Church for a delicious supper! Free of charge and open to all community members! Join us on:

Friday September 19th

Friday October 17th

Friday November 21th

Friday December 19th



Wentworth Community Meals

Join us for free monthly community events— a great way to connect with others in your community!

We'll be announcing dates and locations for our fall community meals (September through November) via social media and posters — stay tuned!

Friday December 5th - Maggie's Place will be at the Wentworth Learning Centre's annual Christmas Tree Lighting. Stay tuned for details!



Healthy Mind, Healthy Me: an After-School Mindfulness Program (Ages 9-14)

When: Wednesdays October 1st – November 19th
3:00pm-5:00pm (Registration Required)

Where: Maggie's Place

Healthy Mind, Healthy Me is an eight-week program for youth to learn social skills, develop emotional literacy, and support mental wellbeing! We will learn to name emotions and how they feel in our bodies, techniques to self-regulate when are stressed, and ways to incorporate the new skills into everyday life! Youth will assemble a mindfulness kit and use new tools each week.

Registration is required, and a healthy snack will be provided.

Maggie's Art Studio (Ages 5-10)

When: Wednesdays November 26th – December 17th
3:00pm-4:30pm (Registration Required)

Where: Maggie's Place

Join us for a four-week after-school program with a special focus on learning new art skills, creating pieces to share with family, and meeting new people while learning new ways to express yourself! Youth will be exposed to a variety of mediums, learn new techniques, and have a chance to explore their creative side! Registration is required. A healthy snack will be offered.

Check out the Braiding Workshop hosted by our Cultural Connections Initiative in August!



Thank-you to
RoyalFlavz Hair Studio
for their time &
support for this
initiative!



Wired Different: an ADHD Information Session

When: Wednesday October 15th
6:00pm-8:00pm (Registration Required)

Where: Maggie's Place

Got questions about ADHD? You're not alone. Join us for a relaxed and informative session where we'll chat about ADHD, how the diagnosis process works, and what support and treatment options are out there. Whether you or your child has just been diagnosed or you're still figuring things out, this is a great chance to learn, ask questions, and connect with other parents who get it. You'll walk away with practical tips, helpful resources, and a better understanding of how to support your child (and yourself!). Let's figure it out—together. An early child development program and healthy snack will be provided.

Positive Parenting from Two Homes

When: Wednesdays Oct 22nd, Oct 29th, & Nov 5th
9:30am-11:30am (Registration Required)

Where: Maggie's Place

PP2H is a 3-week parenting program focusing on co-parenting skills for parents who are separated or going through a separation. Week one begins by discussing challenges children experience while parents are separating and ways to help. Week two focuses on achieving a positive co-parenting relationship and we end with discussing problems that can arise and how we can manage them calmly and positively. An early child development program and healthy snack will be provided.

Wentworth Parental Advisory Committee

When: The 2nd Thursday of each month at 10:00am

Where: Wentworth Learning Centre

If you live in Wentworth or surrounding communities and want to help shape family-friendly programs, community events, or just have questions or concerns, come join us and share your thoughts!

Cyber Café

When: Every 2nd Thursday, 10:00am-12:00pm
(Sept 11, 25, Oct 9, 23, Nov 6, 20, and Dec 4)

Where: Wentworth Learning Centre – Community Library

Are you experiencing technical difficulties? Do you need help navigating services on the internet? Our tech guru Stephen would love to help! Stop by to learn new skills to help you navigate your device with confidence and chat with staff on site! Free internet access is provided, and service navigation available.

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CLOSED Labour Day	2 Pregnancy & Beyond: Springhill 9:30-11:00	3 Once Upon a Time 10:00-11:30	4 CLOSED PM Staff Training no BFDI	5 Pregnancy & Beyond: Oxford 9:30-11:00 Friday Fun 9:30-11:30	6
7	8 CLOSED Staff Training	9	10 Once Upon a Time 10:00-11:30	11 Cyber Café 10:00-12:00 Baby Friendly Drop-In 1:00-3:00	12 Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30-11:30	13
14 First Week of Recurring Programs	15 Snuggiebugs 9:30-11:00 Parenting 101 (Springhill) 9:30-11:00	16 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00	17 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30	18 Parenting 101 (MP) 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00	19 Pregnancy & Beyond: Oxford 9:30-11:00 Friday Fun 9:30-11:30 Amherst Community Supper 4:30-6:30	20
21 WW Hike 10:00- 12:00 @ Horse Pasture Falls	22 Snuggiebugs 9:30-11:00 Parenting 101 (Springhill) 9:30-11:00	23 CLOSED Staff Training	24 CLOSED Staff Training	25 Parenting 101 (MP) 9:30-11:00 Cyber Café 10:00-12:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00	26 Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30-11:30	27 Child Passenger Safety Info Session & Car Seat Check 9:00-12:00
28	29 Snuggiebugs 9:30-11:00 Parenting 101 (Springhill) 9:30-11:00	30 CLOSED National Day of Truth and Reconciliation				

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Healthy Mind, Healthy Me 3:00-5:00	2 Parenting 101 (MP) 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00	3 Pregnancy & Beyond: Oxford 9:30-11:00 Friday Fun 9:30-11:30	4
5	6 Snugglegebugs 9:30-11:00 Parenting 101 (Springhill) 9:30-11:00	7 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Oxford After-School 2:45-4:15 BCF Prenatal Class 6:00-8:00	8 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Healthy Mind, Healthy Me 3:00-5:00	9 Parenting 101 (MP) 9:30-11:00 Cyber Café 10:00-12:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00 River Hebert After-School 2:45-4:15	10 Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30-11:30	11
12	13 CLOSED Thanksgiving Day	14 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Oxford After-School 2:45-4:15 BCF Prenatal Class 6:00-8:00	15 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Healthy Mind, Healthy Me 3:00-5:00 Wired Different 6:00-8:00	16 Parenting 101 (MP) 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00 River Hebert After-School 2:45-4:15	17 Pregnancy & Beyond: Oxford 9:30-11:00 Friday Fun 9:30-11:30 Amherst Community Supper 4:30-6:30	18 WW Hike 10:00-12:00 @ Wentworth Look-Off
19	20 Snugglegebugs 9:30-11:00 Parenting 101 (Springhill) 9:30-11:00	21 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Oxford After-School 2:45-4:15 BCF Prenatal Class 6:00-8:00	22 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Healthy Mind, Healthy Me 3:00-5:00 PP2H 9:30-11:30	23 Parenting 101 (MP) 9:30-11:00 Cyber Café 10:00-12:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00 River Hebert After-School 2:45-4:15	24 Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30-11:30	25 Fall Fun Day 10:00am-12:00pm Location TBD
26	27 Snugglegebugs 9:30-11:00 Parenting 101 (Springhill) 9:30-11:00	28 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Oxford After-School 2:45-4:15 BCF Prenatal Class 6:00-8:00	29 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Healthy Mind, Healthy Me 3:00-5:00 PP2H 9:30-11:30	30 Parenting 101 (MP) 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00 River Hebert After-School 2:45-4:15	31 Pregnancy & Beyond: Oxford 9:30-11:00 Friday Fun 9:30-11:30	

November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Snuggiebugs 9:30-11:00 Parenting 101 (Springhill) 9:30-11:00	4 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Oxford After-School 2:45-4:15 BCF Prenatal Class 6:00-8:00	5 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Healthy Mind, Healthy Me 3:00-5:00 PP2H 9:30-11:30	6 Parenting 101 (MP) 9:30-11:00 Cyber Café 10:00-12:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00 River Hebert After- School 2:45-4:15	7 Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30-11:30	1/8
9	10 Snuggiebugs 9:30-11:00 Parenting 101 (Springhill) 9:30-11:00 Infant Massage 1:30-3:00	11 CLOSED Remembrance Day	12 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Healthy Mind, Healthy Me 3:00-5:00	13 Parenting 101 (MP) 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00 River Hebert After- School 2:45-4:15	14 Pregnancy & Beyond: Oxford 9:30-11:00 Friday Fun 9:30-11:30	15
16	17 Snuggiebugs 9:30-11:00 Parenting 101 (Springhill) 9:30-11:00 Infant Massage 1:30-3:00	18 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00 Oxford After-School 2:45-4:15 BCF Prenatal Class 6:00-8:00	19 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Healthy Mind, Healthy Me 3:00-5:00	20 Parenting 101 (MP) 9:30-11:00 Cyber Café 10:00-12:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00	21 Pregnancy & Beyond: Wentworth 9:30-11:00 Friday Fun 9:30-11:30 Amherst Community Supper 4:30-6:30	22 Hike 10:00- 12:00 @ Pugwash Estuary Trail
23/30	24 Snuggiebugs 9:30-11:00 Parenting 101 (Springhill) 9:30-11:00 Infant Massage 1:30-3:00	25 Pregnancy & Beyond: Springhill 9:30-11:00 Pugwash Playgroup 10:00-12:00 CAEC with CANU 1:00-3:00	26 Once Upon a Time 10:00-11:30 Springhill Playgroup 10:00-12:00 Tea & Tots 10:00-11:30 Maggie's Art Studio 3:00-4:30	27 Parenting 101 (MP) 9:30-11:00 Baby Friendly Drop-In 1:00-3:00 Parrsboro Playgroup 10:00-12:00	28 Pregnancy & Beyond: Oxford 9:30-11:00 Friday Fun 9:30-11:30	29

December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Last Week of Recurring Programs before Winter Break	1 Snugglebugs 9:30-11:00	2 Pugwash Playgroup 10:00-12:00	3 Once Upon a Time 10:00-11:30	4 Parenting 101 (MP) 9:30-11:00	5 Pregnancy & Beyond: Wentworth 9:30-11:00	6 Winter Fun Day 10:00am- 12:00pm Location TBD
	Parenting 101 (Springhill) 9:30-11:00	CAEC with CANU 1:00-3:00	Springhill Playgroup 10:00-12:00	Cyber Café 10:00-12:00	Friday Fun 9:30-11:30	
	Infant Massage 1:30-3:00		Tea & Tots 10:00-11:30	Baby Friendly Drop-In 1:00-3:00		
			Maggie's Art Studio 3:00-4:30	Parrsboro Playgroup 10:00-12:00		
7	8 Infant Massage 1:30-3:00	9 Pregnancy & Beyond: Springhill 9:30-11:00	10 Once Upon a Time 10:00-11:30	11 Parrsboro Playgroup 10:00-12:00	12 Pregnancy & Beyond: Oxford 9:30-11:00	13
			Maggie's Art Studio 3:00-4:30	Baby Friendly Drop-In 1:00-3:00	Friday Fun 9:30-11:30	
14	15	16	17 Once Upon a Time 10:00-11:30	18 Baby Friendly Drop-In 1:00-3:00	19 Friday Fun 9:30-11:30	20
			Maggie's Art Studio 3:00-4:30		Amherst Community Supper 4:30-6:30	
21	22	23	24	25	26	27
	CLOSED Winter Break	CLOSED Winter Break	CLOSED Winter Break	CLOSED Winter Break	CLOSED Winter Break	
28	29	30	31	Jan 1/26	Jan 2/26	Jan 3/26
	CLOSED Winter Break	CLOSED Winter Break	CLOSED Winter Break	CLOSED Winter Break	CLOSED Winter Break	

Stay tuned for December's special Winter Programming to be announced in November!
Maggie's Place will reopen to the public after our Winter Break on Monday January 5th, 2026.